

Guidelines for Return to Training At 70% double Vaccination Rates



CURRENT AS AT 11 October 2021

Currently in NSW all sports are under the Public Health (COVID-19 General) Order 2021 as issued on 3 October 2021 and Public Health (COVID-19 General) Amendment No 1 Order 2021 as issued on 8 October 2021.

These guidelines are limited to Outdoor activity which can be conducted with not more than 20 participants. (Coach/s, Officials, Spectators and Parents included) With adequate spacing of not more than 1 person per 4 sq metres. A COVID-19 Safety Plan is required. **ONLY DOUBLE VACCINATED PERSONS CAN PARTICIPATE**

PREPARTION

Arrive
Train
Leave

- Advice all **only double vaccinated** persons can attend
- You **MUST** always have a **COVIDSafe Plan on site**
- You **MUST** maintain attendance records via **QR CODE**.
- Ensure changerooms and showers are **NOT** used and remain **CLOSED**
- Ensure toilets are open and have soap and/or hand sanitiser
- Shower with soap both prior to and postgame/training at home.
- Parents/spectators are only to watch from their vehicle
- Leave immediately following training – **do not congregate -Arrive-Play/Train-Leave**
- **NO** sharing of Water Bottles- all **MUST** be clearly individually labelled
- **Only one group of 20 per half field**
- Participants are to bring personal hand sanitiser to be used pre-during and postgame/training. i.e schedule sanitiser breaks
- Maintain 1.5m distance between ON field and OFF field participants
- Sanitise equipment pre-during-post session
- If a participant returns a positive COVID-19 test report to coronavirus@touchfootball.com.au



HEALTH

If you feel unwell, do not attend training and you must seek medical clearance before returning

If you have had contact in the past 14 days with a known or suspected case of COVID-19 you must not attend training & seek medical clearance before returning

All suspected cases must be reported

Encourage COVIDSafe download by participants



YOU CAN

Training to be conducted in small groups (no more than **20** players and/or other personnel in total). A coach can work with multiply groups

Social distancing of 1.5m between players.

Spacing so that there is no more than 1 person per 4m².

Skill training drills, fitness, agility, individual ball skills, passing drill, **NO opposed drills and competition play.**



YOU CAN NOT

NO contact to contact drills

Have **MORE** than 20 persons per group

NO Sharing Bottles

NO Sharing Towels

NO trials, friendlies internal games or similar

DO NOT congregate on or off the field

DO NOT use change rooms or showers